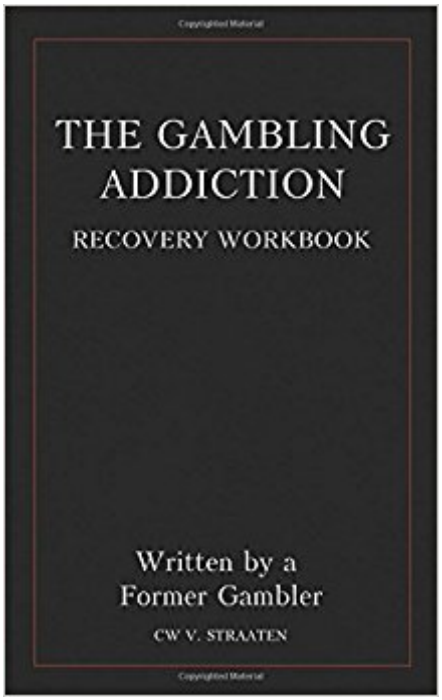
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The Gambling Addiction Recovery Workbook: Written By A Former Gambler



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Synopsis

The Gambling Addiction Workbook has helped many understand and overcome their gambling addiction. In this unique self-help book for recovery, you will find uplifting answers and honest words of peace. The author C.W.V Straaten struggled himself with the hypnotic demons of addiction until he finally discovered how to free himself of his addictive behavior. In The Gambling Addiction Workbook, he shares his 5-step plan to recovery.Among the worst afflicted, C.W.V Straaten knows how it is to deal with the destructions of addictions. In his book, he will encourage you to fight, understand and eventually make peace with your demons. A gambling addiction, no matter how destructive, wonÃ¢â ¬â„¢t win the final battle. The pages in this book will help to ensure this. Another life without the pain of continuous lies, devastating financial worries and an occupation with gambling, is awaiting you. The recovery process in The Gambling Addiction Workbook will guide you to conquer your addiction for good. The Gambling Addiction Workbook, contains a reliable 5-step plan to recovery, focusing on:How to instantly quit gambling and finding peace in a cooling-off periodHow to understand your gambling addiction through practical tools you wonÃ¢â ¬â„¢t find anywhere else.How to deal with the suffering from the destructions caused by your gambling addictionHow to find your passion and create a meaningful life without gamblingFamily & FriendsIf you are close to someone with a gambling addiction we highly recommend reading this book. It will give you insight into the complex mind of a gambling addict. Furthermore, you will realize that change is absolutely possible. With this book, you can help your friends or loved ones take the right steps to defeat and conquer their gambling addiction for good..Tags: gambling addiction, problem gambling, gambling addiction client workbook, addictions, gamblers anonymous, gambling, addiction recovery, gambling recovery, gambling problem, gambling addiction books

Book Information

Paperback: 56 pages
Publisher: Independently published (November 4, 2016)
Language: English
ISBN-10: 1520767838
ISBN-13: 978-1520767833
Product Dimensions: 5 x 0.1 x 8 inches
Shipping Weight: 4 ounces (View shipping rates and policies)
Average Customer Review: 4.6 out of 5 stars 5 customer reviews

Best Sellers Rank: #338,695 in Books (See Top 100 in Books) #17 inÃ Â Books > Health, Fitness & Dieting > Addiction & Recovery > Gambling #228 inÃ Â Books > Humor & Entertainment > Puzzles & Games > Gambling #27545 inÃ Â Books > Self-Help

Customer Reviews

Impressive and helpful book! Most people are into a game of luck through betting but getting yourself too involved that it can ruin one's life is not nice anymore. This book gets you to know if gambling is just a mere pastime or an addiction already. Has sound advice on how to overcome addiction and get your life's direction be back on track. Really worth recommending book!

Impressive! I am no gambler to start with. I have found the book on free promotion and thought why not quickly have it a go. To my surprise, the book introduces really good concepts coupled with actual stories. I think it's an excellent value for money. Really worth recommending!

A useful book to have on a great topic to spread information about.Addictions can be truly hard to overcome for both the person involved and those around which makes this book that much more important.This book comes from a real-life experience of the author with tried and tested methods. A 5 step action plan using helpful and simple steps like turning your bank account over to someone you trust or sharing your struggles; it will unburden you. It covers all aspects like if you are the friends or family of the person affected.You are taking the 1st step in buying and reading this book so well done.One improvement is the formatting of the book; seems slightly off in the spacing.

This book got right to the point with the facts a true gambling addict goes through because the author was one at one time. I can't stand it when some "Dr." is there to help out. Just because they have the college degree doesn't mean they know & have felt how the true addict feels themselves.

Very Informative

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The Gambling Addiction Recovery Workbook: Written by a Former Gambler (Gambling Addiction Cure, Compulsive Gambling, Problem Gambling, Gambling Stories) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roullette,Gambling Systems) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome

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